

Nurturing Kids Through a Toxic Divorce

When: Thursday May 2, 2024 5:30-6:30pm
Where: Media/Upper Providence Library Board Room
Cost: Free

Nothing is more important than your children as your family adjusts to separation or divorce. Research has shown that when parents cooperate, kids can get what they need to heal from the disruption and move on with their lives. When parents get stuck in patterns of conflict, the children can get caught in the middle, leading to a complex array of long-term emotional damage affecting their mental health, self-esteem, and relationships. In this workshop, we will introduce ways to protect kids from being caught in the middle of conflict between parents, and promote children and family's healthy development and healthy coping strategies.

This workshop is for parents, co-parents, grandparents, and others seeking to protect kids caught in the middle of these toxic situations.

Space is limited. Registration is requested but not required: robingreenbergtherapy@gmail.com

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FOR INFORMATION ABOUT OTHER
PROGRAMS FOR FAMILIES EXPERIENCING
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