A GROUP FOR MEN



This group is for men seeking to become part of a men's support group focused on personal growth. The group will cover common issues men face in the world today:

Friendships

Significant relationships (family, intimate, professional)

Work/career issues

Sexuality

Transitions in life

Current challenges

We will focus on cultivating our own creativity and competence, stimulating exploration and experimentation with new perspectives and ways of relating.

Meeting Schedule

The group meets every week at 6:00 PM on Wednesday evenings for 90 minutes. The group will include a maximum of eight participants.

The group would run for 8 weeks, starting every even month.

Location

We currently use Zoom for our virtual meetings and in hybrid (in person/zoom) when it becomes safe.

Fee and Joining

The fee for group participation will be \$65 per meeting.

There will be an initial interview before joining the group.

To Refer or Request an Interview

Men interested in arranging an individual interview or therapists wishing to make a referral can contact Karina Suero at 484 639 9475 or Fran Henkel at 302-438-4765